

# LUNCH

**Locally Sourced, Seasonally Inspired**  
10% service charge applies to groups of 10 or more



<b>Soup of the day</b> , served with a selection of breads (1,9)	€6.50
<b>Best toastie</b> , Crowe's farm ham, scamorza, red onion jam, tomato (1,9)	€12
<b>Toonsbridge buffalo mozzarella open sandwich</b> , tomato, basil oil (1, 8,9)	€12.50
<b>Marinated tempeh open sandwich</b> , pea & tahini spread, organic leaves, sesame & peanut rayu (1,6,7,8,12)	€11.50
<b>Buddah bowl</b> , cauliflower wings, hara bhara patty, seasonal vegetables, organic leaves, pickles, harissa, vegan yogurt dip, flat bread (1,6,7,8,12)	€14.50
<b>Pulled pork baguette</b> , crispy onion, whole grain mustard celeriac slaw, scamorza (1,9,11)	€13.50
<b>Fish tempura in a seaweed batter</b> , tartar sauce, chips, side salad (4,9)	€16.50
<b>Thai yellow curry</b> , basmati rice, papadum (seafood- 2,4,5)	VEGGIE / CHICKEN / SEAFOOD €15 / €16.50 / €18
<b>BBQ Hash salad</b> , meat/ cauliflower, herb salsa, Mediterranean vegetables, fried potatoes, organic leaves, sourdough (1,9,13)	€14.50
<b>Cajun chicken burger</b> , scamorza, bacon, gherkin, tomato, pecorino Cajun chips, salad (1,9)	€17.00
<b>Goat cheese salad</b> , Meadowfield goat cheese in a nut crumb, pickled cucumber, radish, organic leaves, pomegranate seeds, toasted sourdough (1,8,9,12)	€13.50
<b>Pan fried fish of the day</b> , Summer stir-fry vegetables, sesame oil, hasselback potato (7)	€17.50
<b>Toonsbridge buffalo mozzarella and arrabiata fresh pasta (Seagull bakery)</b> basil, cherry tomato, rocket, crostini, pine nuts (1,8,9)	€16.50
<b>Cashew &amp; herb sauce fresh pasta (Seagull bakery)</b> green seasonal vegetables, rocket leaves (1,8)	€16
<b>Sides:</b> chips, za'atar potatoes, sumac sweet potato wedges, mash, patatas bravas with chorizo & vegetables, side salad with pickled vegetables, seasonal vegetables Olive & sundried tomato tapenade, romesco, bread plate	€4 each €6
<b>Desserts:</b> <b>Panna cotta</b> , berry compote, puff pastry tuile (1,9)	€8.50
<b>Chocolate fondant</b> , toffee sauce, vanilla ice cream, nut crumb (1,3,8,9)	€9
<b>Chocolate mousse</b> , raspberry meringue, chocolate nut crumb (3,8,9)	€8.50
<b>Eton Mess</b> , meringue, sorbet, ice cream, chantilly cream berry sauce, fresh fruit (vegan available) (3,8,9)	€8.50
<b>Lemon &amp; elderflower tart</b> , Italian meringue, lemon sorbet	(1,3,9) €9
<b>Chocolate &amp; hazelnut vegan cake</b> , passion fruit coulis (8)	€9
<b>Selection of Momo ice cream</b> (1,3,8,9)	€7
<b>Cheeseboard</b> selection of Irish cheese, Mezze lavosh crackers, fruit & nuts (1,8,9)	€9 / €16 for 2

## Our Local Suppliers

O'Flynn's Butchers, Deburca's Tempeh, Seagull Bakery, Toonsbridge Dairy, The Microgreen Queen Dunphys of Annewstown, Ballybeg Greens, Tom Cleary Veg, Riversfield Organic Farm, J. O'Doherty Fish, Meadowfield farm, Gubbeen Smokehouse, Early Bird Free Range Eggs, Real Olive Company.

If you have any special dietary requirements or needs, please let your server know and we will do what we can to cater for you.

Most dishes are available in Gluten Free options on request.