

LUNCH

Locally Sourced, Seasonally inspired



Soup of the day , Seagull Bakery bread	(1, 9)	€5.00
Toasted sandwich -choice of up to 4 fillings served with salad chicken/ham/bacon/onion/tomato/cheddar/smoked Knockanore cheese/hummus/peppers goat cheese/red onion marmalade /organic leaves	(1)	€8.50
Falafel wrap , tahini, sweet chilli, pickled slaw, dukkah	(1,7,8,12)	€9.00
Pulled honey glazed duck salad , clementines, cashew nuts, greens, citrus sesame dressing, sourdough bread	(1, 8, 12)	€11.00
Cajun buttermilk chicken burger smoked Knockanore cheese, bacon, sundried tomato & pickled cucumber, crispy onion, cajun & pecorino chips	(1,9)	€14.50
Quinoa tabbouleh , BBQ cauliflower wings, aubergine dip, pecan nuts	(6, 8)	€10.00
Mexican quesadilla , beans, sweetcorn, jalapeno, squash sauce, peppers cooling dip, pickled slaw, greens / cheddar cheese / vegan option	(1, 9)	€12.00
Thai yellow curry , papadum, basmati rice	Chicken Seafood Vegetarian (2,4,5)	€14.00 €14.50 €13.50
Momo hash salad , meat of the day / falafel or cauliflower, Moroccan vegetables, mild harissa, crispy potato, greens, toasted sourdough	(1,9)	€14.00
Fresh fish of the day , in lemon & seaweed batter chips, salad, mint garlic mayo	(4,9)	€14.00
Tagliatelle pasta , Chargrilled lemon chicken, crispy bacon, chips chestnut mushrooms, truffle oil, pecorino sauce, garlic crostini	(1,9)	€14.50
SIDES		€3.50
chips (add chilli & parmesan €1),side salad, patatas bravas (add chorizo €1) , mash, roast new potatoes, seasonal vegetables, Seagull bakery bread plate (€1 per portion), garlic crostini, dips €1		
DESSERTS		
Chocolate brownie , Creme Anglaise, cinnamon tuile, vanilla ice cream	(3, 9)	€7.00
Sticky toffee pudding , Italian meringue, salted caramel, crushed nuts, vanilla ice cream	(1, 3, 8, 9)	€7.00
Lemon & ginger cashew “cheesecake” , lemon sorbet, honeycomb	(8)	€7.50
Chocolate fondant , coconut ice cream, pineapple & chilli salsa	(1, 3, 8, 9)	€8.00
Momo pavlova , blueberries, chantilly cream	(3)	€7.00
Selection of homemade ice cream ,	(3,9)	€6.50
Cheese Board ,	(1, 9)	€8.00

Our Local Suppliers

O’Flynn’s Butchers, Seagull Bakery, Toonsbridge Cheese, Real Olive Company,
Dunphys of Ancestown, Tom Cleary Veg, The Sea Gardener, O’Doherty Fish,
Meadowfield Farm, Ballymakenny Farm, Gubbeen, Early Bird Free Range Eggs.

Allergens listed on reverse. If you have any special dietary requirements or needs,
please let your server know and we will do what we can to cater for you.

Most dishes are available in Gluten Free options on request.