

# LUNCH

**Locally Sourced, Seasonally Inspired**  
10% service charge applies to groups of 10 or more



<b>Soup of the day</b> , served with a selection of breads	(1,9)	€6.50
<b>Best toastie</b> , Crowe's farm ham, scamorza, red onion jam, tomato	(1,9)	€12
<b>Meadowfield goat cheese</b> , beetroot, organic Leaves on Seagull bakery sourdough	(1,8,9)	€12.50
<b>Marinated tempeh</b> , peanut butter and sweet chilli spread, organic leaves, sesame & peanut rayu on Seagull sourdough	(1,6,7,8,12)	€12.50
<b>Buddah bowl</b> , marinated tempeh, cauliflower wings, roast vegetables, marinated almonds, muhammara dip, herb vegan mayo, sourdough	(1,7,8)	€15
<b>Cajun beef fajitas</b> , pink onion, jalapeño, tomato relish on Seagull bakery baguette	(1,9)	€15
<b>Fish tempura in a seaweed batter</b> , tartar sauce, chips, side salad	(4,9)	€16.50
<b>Thai yellow curry</b> , basmati rice, papadum	VEGGIE / CHICKEN / SEAFOOD (seafood- 2,4,5)	€15 / €16.50 / €18
<b>BBQ &amp; herb salsa Hash salad</b> - meat/ cauliflower, roast vegetables, fried potatoes, organic leaves, pumpkin seeds, sourdough	(1,9,13)	€14.50
<b>Cajun chicken burger</b> , scamorza, bacon, gherkin, sun dried tomato, pecorino Cajun chips, salad	(1,9)	€17.50
<b>Pan fried fish of the day</b> , bean, vegetables & sun dried tomato cassoulet, roast potato		€17.50
<b>Fresh pasta (Seagull bakery)</b> chicken, bacon, wild mushroom, leek, in a pecorino cream sauce, pine nut & herb crumb	(1,8,9)	€16.50
<b>Tempeh, bean &amp; vegetable quesadilla</b> , cheddar cheese (vegan cheese available)	(1,9)	€16
<b>Sides:</b> chips, za'atar potato wedges, sumac sweet potato wedges, mash, patatas bravas with chorizo & vegetables, side salad with pickled vegetables, seasonal vegetables		€4.50 each
Momo dips & bread plate		€6
<b>Desserts:</b>		
<b>Passion fruit cake</b> , cardamom & star anise clementines, Chantilly cream	(1,3,9)	€8.50
<b>Chocolate fondant</b> , zabaglione, coconut ice cream	(1,3,9)	€9
<b>Plum &amp; apple crumble</b> , ginger & nuts, vanilla ice cream	(8) (vegan available)	€8
<b>Vanilla &amp; Greek yogurt panna cotta</b> , coffee & Bailey's sauce, honey comb	(1,9)	€9
<b>Chocolate brownie</b> , pear, spiced ice cream, cinnamon & coconut caramel	(1,3,7,9)	€8.50
<b>Selection of ice cream</b>	(1,3,8,9)	€7
<b>Cheeseboard</b>	(1,8,9)	€9/€16 for 2

## Our Local Suppliers

O'Flynn's Butchers, Deburca's Tempeh, Seagull Bakery, Toonsbridge Dairy, The Microgreen Queen Dunphys of Ancestown, Ballybeg Greens, Tom Cleary Veg, Riversfield Organic Farm, J. O'Doherty Fish, Meadowfield farm, Gubbeen Smokehouse, Early Bird Free Range Eggs, Real Olive Company.

If you have any special dietary requirements or needs, please let your server know and we will do what we can to cater for you.

Most dishes are available in Gluten Free options on request.